

## EMPOWERED FATHERHOOD

The role of a father to a child is critical in early development. Being a good father involves seven key habits that impact a child's emotional well-being.

The 7 Habits of a 24/7 Dad<sup>™</sup> is a 7 week workshop that combines The 7 Habits of Highly Effective People by Dr. Stephen R. Covey with the fathering principles of NFI's 24/7 Dad<sup>®</sup> program. Join us and discover tools that can equip you to become a better Dad!



Please be sure to RSVP so we can reserve your spot! Call or e-mail us at 732.497.3811 or familysuccess@cymca.org.

## Saturdays, March 3– April 28 | 12:30 – 2 p.m.

\*No class March 31 Bayshore Family Success Center | 945 St. Hwy. 36 | Leonardo, NJ 07737

## THE COMMUNITY YMCA

